

# SALADS

Homemade Gluten-Free Dressings: Balsamic Vinaigrette **VG**, Champagne Vinaigrette **V**, Raspberry Vinaigrette **VG**, Ranch **V**

Gluten-Free Dressings: Bleu Cheese **V**, Caesar, Thousand Island **V**

WHOLE salads served with an 8oz cup of soup or chips (Ruffles or Harvest Cheddar SunChips) and your choice of dressing. Half salads come with 1 dressing, whole salads come with 2 dressings; additional dressings are \$.35 each

	HALF	WHOLE
<b>Asian Chicken Sous Vide</b> . . . . . <i>whole only</i>	\$10.95	
Spinach, chicken, carrots, and cucumbers with wasabi ranch and Korean BBQ sauce		
<b>Chef Salad</b> <b>GF</b> . . . . .	\$5.50	\$10.95
Smoked turkey and smoked ham, bacon, egg bits, and cheddar cheese over mixed greens with carrots, cucumbers, red onions, and tomatoes		
<b>Chicken Salad Over Greens</b> <b>GF</b> . . . . .	\$5.50	\$10.95
Homemade chicken salad over mixed greens with carrots, cucumbers, red onions, and tomatoes		
<b>Garden Salad</b> <b>GF VG</b> . . . . .	\$4.50	\$8.95
Mixed greens, carrots, cucumbers, red onions, and tomatoes		
<b>Grilled Fruit</b> <b>GF</b> . . . . .	\$5.50	\$10.95
Grilled fruit of the day, bacon, feta, cucumbers, red onions, and raisins over mixed greens		
<b>Kale Caesar</b> . . . . . <i>whole only</i>	\$10.95	
Baby kale, parmesan cheese, and croutons mixed with Caesar dressing		
<b>Pear and Walnut Salad</b> <b>GF V</b> . . . . .	\$5.50	\$10.95
Fresh, sliced pears, blue cheese crumbles, homemade candied walnuts, and red onions over mixed greens		
<b>Roasted Red Beet with Candied Walnuts</b> <b>GF V</b> . . . . .	\$5.50	\$10.95
Roasted red beets, goat cheese, homemade candied walnuts, cucumbers, and red onions over mixed greens		
<b>Strawberry Mozzarella Salad (Seasonal)</b> <b>GF V</b> . . . . .	\$5.50	\$10.95
Fresh, sliced strawberries, mozzarella, and almonds over mixed greens		
<b>Super 7</b> <b>GF</b> . . . . .	\$5.50	\$10.95
Spinach, bacon, cheddar cheese, egg bits, red onions, raisins, and sliced almonds		
<b>Tomato Mozzarella</b> <b>GF V</b> . . . . .	\$5.00	\$9.95
Roma tomatoes and mozzarella over mixed greens and fresh basil		
<b>Tuna Salad Over Greens</b> <b>GF</b> . . . . .	\$5.50	\$10.95
Homemade tuna salad over mixed greens with carrots, cucumbers, red onions, and tomatoes		

## ADD-ONS!

Meats/Proteins	Fruit/Nuts/Salad Toppings
Bacon \$1.25	Caesar Croutons \$1.00
Chicken Salad \$4.00	Candied Walnuts \$1.25
Egg Bits \$1.00	Craisins \$1.00
Egg Salad \$4.00	Grilled Fruit of the Day \$1.00
Grilled Chicken \$3.00	Fresh Pear \$1.00
Smoked Ham \$1.25	Sliced Almonds \$1.25
Smoked Turkey \$1.50	Strawberries (seasonal) \$1.00
Tuna Salad \$4.00	

Salad Base (interchangeable)	
Baby Kale	
Mixed Greens	
Spinach	
Salad Cheese	
Blue Cheese Crumbles	\$1.25
Feta	\$1.25
Goat	\$1.25
Mozzarella (fresh)	\$1.25
Parmesan	\$1.25
Shredded Cheddar	\$1.25

# SANDWICHES

WHOLE sandwiches served with an 8oz cup of soup or chips (Ruffles or Harvest Cheddar SunChips)

	HALF	WHOLE
<b>American Grilled Cheese</b> . . . . .	\$3.00	\$5.95
American cheese on grilled Texas Toast		
<b>Baron Von Ladles</b> . . . . .	\$4.50	\$8.95
Warm smoked ham, Swiss, lettuce, tomatoes, and whole grain mustard on a toasted pretzel roll		
<b>BLT on Pretzel</b> . . . . .	\$5.00	\$9.95
Bacon, lettuce, tomatoes, and mayonnaise on a toasted pretzel roll		
<b>Caprese</b> <b>V</b> . . . . .	\$4.00	\$7.95
Fresh mozzarella and basil, Roma tomatoes, and mixed greens on a toasted 7" sub roll drizzled with balsamic vinaigrette		
<b>Chicken Bacon Ranch Wrap</b> . . . . . <i>whole only</i>	\$9.95	
Grilled chicken, bacon, and homemade ranch dressing with spinach and tomatoes on a garlic herb wrap		
<b>Chicken Salad Sandwich</b> . . . . .	\$4.50	\$8.95
Homemade chicken salad with lettuce and tomatoes on toasted wheat		
<b>Club</b> . . . . .	\$4.50	\$8.95
Smoked turkey and smoked ham, bacon, Swiss, lettuce, tomatoes, and mayonnaise on toasted Texas Toast		
<b>Egg Salad Sandwich</b> <b>V</b> . . . . .	\$4.50	\$8.95
Homemade egg salad with lettuce and tomatoes on toasted wheat		
<b>Ham and Cheese</b> . . . . .	\$3.50	\$6.95
Smoked ham and American cheese on grilled or cold Texas Toast		
<b>Herb Cream Cheese and Veggie</b> <b>V</b> . . . . .	\$4.00	\$7.95
Homemade herb cream cheese with mixed greens, carrots, cucumbers, red onions, and tomatoes on toasted rye drizzled with balsamic vinaigrette		
<b>Hummus and Veggie Wrap</b> <b>VG</b> . . . . . <i>whole only</i>	\$7.95	
Homemade roasted red pepper hummus with mixed greens, carrots, cucumbers, red onions, and tomatoes on a whole wheat wrap		
<b>Ladles Grilled Cheese</b> . . . . .	\$4.50	\$8.95
American, Swiss, bacon, red onions, and tomatoes on grilled rye		
<b>Napoleon Sub</b> . . . . .	\$5.00	\$9.95
Smoked turkey and fresh mozzarella with spinach, cucumbers, and red onions on a toasted 7" sub roll with homemade ranch dressing on the side		
<b>Pimento Cheese</b> <b>V</b> . . . . .	\$3.50	\$6.95
Homemade pimento cheese on grilled or cold Texas Toast		
<b>Tuna Salad Sandwich</b> . . . . .	\$4.50	\$8.95
Homemade tuna salad with lettuce and tomatoes on toasted wheat		
<b>Turkey Bacon Griller</b> . . . . .	\$5.00	\$9.95
Warm smoked turkey, Swiss, bacon, and tomatoes with mayonnaise on grilled rye		
<b>Turkey Reuben</b> . . . . .	\$4.50	\$8.95
Warm smoked turkey, Swiss, and sauerkraut with thousand island dressing on grilled rye		

**V** Vegetarian **VG** Vegan **S** Spicy **GF** Gluten-free

# SOUPS

16oz Bowl of soup comes with a roll and butter  
32oz Quart comes with 2 rolls and butters

	8OZ CUP	16OZ BOWL	32OZ QUART
<b>Broccoli Cheddar</b> <b>V</b> . . . . .	\$3.50	\$4.95	\$9.50
A combination of garden fresh broccoli and cheesy cheddar blended together with homemade goodness			
<b>Buffalo Chicken</b> <b>S</b> . . . . .	\$4.00	\$5.95	\$11.50
Boneless chicken in a spicy trio of hot sauce, creamy blue cheese, and chicken stock blended to perfection			
<b>Chicken Noodle</b> . . . . .	\$3.50	\$4.95	\$9.50
Golden chicken broth, chicken, fresh carrots, celery, and onions slurped with a long noodle—simply delicious			
<b>Garden Vegetable</b> <b>GF VG</b> . . . . .	\$3.50	\$4.95	\$9.50
A colorful compilation of carrots, celery, corn, green beans, onions, and tomatoes in a robust heavenly broth			
<b>Greek Lemon Chicken</b> . . . . .	\$4.00	\$5.95	\$11.50
A light and zesty lemony chicken soup filled with feta cheese, scallions, and acini di pepe noodle			
<b>Loaded Potato</b> <b>V</b> . . . . .	\$3.50	\$4.95	\$9.50
Generous portions of potatoes in a smooth, buttery garlic blend topped with your choice of bacon, cheddar, and scallions			
<b>She Crab</b> <b>S</b> . . . . .	\$4.00	\$5.95	\$11.50
A rich bisque of crabmeat, Cajun seasoning, and a splash of sherry—our MVP for a reason!			
<b>Tomato Basil</b> . . . . .	\$3.50	\$4.95	\$9.50
Our take on a classic blend of tomatoes, fresh basil, and parmesan cheese			
<b>Turkey Chili</b> <b>GF S</b> . . . . .	\$4.00	\$5.95	\$11.50
Bold and hearty ground turkey, kidney beans, tomatoes and corn in a distinctive fiery fusion of flavor			

## Soup Sampler/Flight of Soups \$8.95

Three 8oz cups of soup of your choice with a roll. Additional charge for daily specials/chilled soups. Add a 4th 8oz cup of soup for \$2.00

## MORE ADD-ONS!

### Add to Sandwich/Salad

Basil	\$1.00
Carrots	\$.50
Cucumbers	\$.50
Green Leaf Lettuce	\$.50
Jalapenos	\$1.00
Red Onions	\$.50
Roasted Red Beets	\$1.00
Sauerkraut	\$1.00
Spinach	\$.50
Tomatoes	\$.50

### Sandwich Cheese

American	\$1.25
Cheddar	\$1.25
Pepper Jack	\$1.25
Provolone	\$1.25
Swiss	\$1.25

### Condiments/Spreads

Buffalo Ranch	\$.35
Herb Cream Cheese	\$.75
Ketchup	Free
Mayonnaise	Free
Roasted Red Pepper	
Hummus	\$1.00
Whole Grain Mustard	Free
Yellow Mustard	Free

### Soup Toppings

Bacon Bits	\$1.00
Parmesan	\$1.00
Scallions	\$.50
Shredded Cheddar	\$1.00
Sour Cream	\$1.00

### Breads

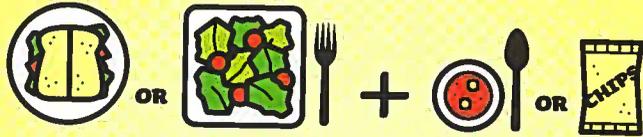
Rye, Texas Toast, Wheat	
Gluten Free	\$1.00
Pretzel or Sub Roll	\$1.00
Garlic Herb, Jalapeno,	
Spinach, Tomato, or Wheat	
Wrap	\$1.00

# HOW TO "Get your Ladle on"

ORDER ONE OF THESE WAYS • PRICE IS BASED ON YOUR SELECTION

## Just Whole

Every **Whole** Sandwich or Salad comes with an **8oz cup** of Soup or **Chips**



## Whole and a Bowl

**Whole** Sandwich or Salad with a **16oz bowl** of Soup



## Half and a Cup

**Half** Sandwich or Salad\* with an **8oz cup** of Soup



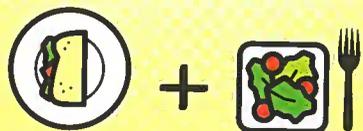
## Half and a Bowl

**MOST POPULAR!** **Half** Sandwich or Salad\* with a **16oz bowl** of Soup



## Two Halves

**Half** Sandwich with a **Half** Salad\*



## A La Carte

Any item can be ordered on it's own!

\*Wraps and Kale Caesar Salad cannot be halved

## KID'S MENU

Ages 12 and younger  
Includes a 4oz boxed juice  
ALL \$4.95

Whole Grilled Cheese  
with Chips

12oz Soup with Roll

½ Grilled Cheese  
with an 8oz Cup of Soup

Hot Dog with Chips

## KIDS EAT FREE ON THURSDAY

Get a free kid's menu item with the purchase of an adult's combo. Dine in only.

## DRINKS

**Bottled Drinks** ..... \$2.50

Nature's Twist Sugar Free Peach, Sugar Free Strawberry, and  
Lemonade

**Fountain Drinks** ..... \$2.00

Pepsi, Diet Pepsi, Dr. Pepper, Pink Lemonade, Mountain Dew,  
Sunkist Orange, and Root Beer

**Iced Tea (sweet or unsweet)**

**Bottled Water** ..... \$1.50

## SWEET TREATS

\$2.50

Chocolate Chip Cookie / Coconut Pecan Cookie  
Cream Cheese Brownies / Reese's Peanut Butter Cookie

# Ladles

A Charleston Soup Company

## Hot Soups for Cool People!

Ladles Soups is locally owned and operated and believes in serving a healthy and affordable option. We always welcome special orders with notice! Visit us online to see daily specials and to find our other locations. Prices and offerings subject to change.

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# Ladles

A Charleston Soup Company



**Dine In or  
To-Go at our Pick Up Window**

**252-715-4800**

1901 S. Croatan Highway • Milepost 9¾ • Kill Devil Hills

OPEN MONDAY - SATURDAY 11AM - 8PM  
SEASONAL SUNDAY HOURS